

SĀLADS

Posh 14.5

Chicken, Sliced Pears, Creamy Goat Cheese, Cranberries & Toasted Almonds over Fresh Baby Spinach Served with a Side of Balsamic Vinaigrette

East Meets West 15

Shrimp, Avocado, Cucumber, Brown Rice with Toasted Sesame Seed over a Bed of Arugula Served with a Side of Chili-Lime Vinaigrette

The Greek 10.5

Cucumbers, Chickpeas, Cherry Tomato, Red Onion, Olives & Feta Served over Romaine with a Side of Greek Dressing

Traditional American Cobb 14.5

Chicken, Avocado, Corn, Green Onion, Hard Boiled Egg, Bacon, Cherry Tomato & Crumbled Blue Cheese served over Romaine w/ a side of Honey Mustard Vinaigrette

The Fudgarten 10.5

Zucchini, Peppers, Avocado, Walnuts, Red Onion, Quinoa & Creamy Goat Cheese over Baby Spinach and Arugula Served with a Side of Balsamic Vinaigrette

Classic Caesar Salad 10.5

Croutons, Romaine & Freshly Grated Parmesan Mixed with Our Homemade Creamy Caesar Dressing

BŌWLS

Aphrodite 8.5

Quinoa, Butternut Squash, Zucchini, Bell Peppers, Feta, Creamy Pesto Sauce

El Toro 8.5

Brown Rice, Fresh Guacamole, Sautéed Peppers, Red Onion & Corn Relish, Zucchini, Black Beans, Jack Cheese

Oishi 7.5

Brown Rice w/ Toasted Sesame Seed, Sautéed Kale, Broccoli, Mushroom, Green Onion and Our Spicy Asian Sauce

- + Add Free Range Chicken 4.5
- + Add Grass Fed Steak 6
- + Add Grass Fed Beef Patty 5.5
- + Add ABF Applewood Smoked Bacon 1.5
- + Add Wild Caught Shrimp 6
- + Add Wild Caught Fish 5
- + Add Tempeh (Vegan Option) 4

Sides

- + Add Baked Sweet Potato Fries 4.5
- + Add Baked Potato Wedges 3.5

SĀNDWICHES & PANINIS

SoCal 10.5

Chicken, Bacon, Monterey Jack, Fresh Guacamole, Romaine & Juicy Tomato & Homemade Ranch Dressing

Big NY 12

Steak, Onion, Mushrooms, Romaine, Feta and Lemon-Cilantro Vinaigrette

Sophisticated Vegetarian 9.5

Fresh Mozzarella, Zucchini, Fresh Basil, Juicy Tomato, Olive Oil & Crushed Red Pepper

Classic Club 10.5

Turkey, Crispy Bacon, Juicy Tomato, Cheddar, Romaine and Homemade Honey Mustard

Tuscani 10.5

Chicken, Monterey Jack, Sautéed Peppers & Onions, Red Pepper Flake and Pesto (Panini)

Fresh Harvest 10.5

Turkey, Provolone, Avocado, Fresh Thyme, Mayo and Homemade Cranberry Sauce (Panini)

Pressed Vegetarian 9.5

Zucchini, Grilled Onion, Butternut Squash, Lemon-Ricotta Spread, Salt & Pepper to taste (Panini)

* Choice of Whole Wheat Wrap, Seeded Hero, Ciabatta, Herb Focaccia, Multi Grain Slice

BÜRGERS 1/4 lb

Our burgers are all cooked to medium to medium well

Made With Grass-Fed Beef

Classic 10.5

Lettuce, Tomatoe, Onion, Pickle and Our Secret Sauce

Umami 11.5

Avocado, Spinach, Mushroom, Spicy Peppers, Wasabi-Ginger Sauce

Creole 12.5

Cajun Seasoning, Bacon, Arugula, Red Onion, Jack Cheese, Homemade Russian Dressing

Spicy Bacon Ranch 12.5

Lettuce, Tomato, Bacon, Jalapeno, Cheddar
Homemade Ranch Dressing

Fudgarten 11.5

Lettuce, Tomato, Sautéed Onion, Guacamole
Lemon-Cilantro Vinaigrette

+ Add Cheese

Provolone 1, Cheddar 1, Fresh Mozzarella 1.75, Monterey Jack 1

*Burgers Choice of Sweet Potato Fries or Potato Wedges

PRESSED JUICE 10oz

Restoration 6

Apple, Carrot, Orange

Big Green 6

Spinach, Kale, Celery, Apple, Ginger

C-Booster 6

Orange, Carrot, Spinach. Ginger

EXQUISITE MEALS

By Inquiry Only

Keto No. 1 No.2

Paleo No. 1 No.2

Energy No. 1 No.2

SHAKES

Choose between Almond Milk, Oat Milk,
Water, Coconut Water 1

Sweet Treat 8.5

Banana, Coconut, Cacao Niblets, Grass Fed
Whey or Vegan

Herculean 8.5

Banana, Spinach, Peanut Butter, Grass Fed
Whey or Vegan

Carribean Craze 8.5

Strawberry, Mango, Coconut, Grass Fed
Whey or Vegan

Strawberry Piña Colada 9

Strawberries, Pineapple, Coconut Water,
Coconut, Grass Fed Whey or Vegan

Java-Banana 9

Banana, Walnuts, Honey, Cinnamon, Coffee,
Grass Fed Whey or Vegan

+ Add Extra

Grass Fed Whey or Vegan 1.5

FAST CASUAL • ORGANIC EATERY



Mon-Sat 10am-9pm
Sunday 8am-4pm



#nj_fudgarten



Fugarten



Fugarten-nj.com

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